UNESCO ASPnet Club

Big Sisters Programme

TARGET 4·7

EDUCATION FOR SUSTAINABLE DEVELOPMENT AND GLOBAL CITIZENSHIP

In Collaboration with St Gabriel's

Literacy | Maths | STEAM | Climate

Friday: Introduction to Spanish — Languages Club

Community Service · SDG Projects · Peer Mentorship

Commencing Next Term | March 2026

What is the Big Sisters Programme?

4
SDG Theme Groups

4
Students Per Group

1hr
Per Session After School

A structured inter-school mentorship & community service initiative where senior UNESCO Club members guide younger students through SDG-aligned learning experiences.

Community Service
Earn hours through SDG project delivery

Peer Mentorship
Big Sisters guide Little Sisters

Global Citizenship
Live the SDGs through real projects

The Five Weekly Sessions

Four SDG theme groups run Monday–Thursday, with a special Friday Languages session

MONDAY

Literacy

SDG 4 — Quality Education

4 students · 1 hour

TUESDAY

Magical Maths

SDG 4 & 10 — Education & Equality

4 students · 1 hour

WEDNESDAY

STEAM – Design & Innovation

SDG 9 — Industry & Innovation

4 students · 1 hour

THURSDAY

Climate & Disaster Risk

SDG 13 — Climate Action

4 students · 1 hour

FRID Y — Introduction to Spanish | Languages Club

Cultural & linguistic enrichment for all students

Monday: Literacy

SDG 4 — Quality Education

DAY

Monday

STUDENTS

4 per group

DURATION

1 Hour

What students will experience:

1. Structured reading & comprehension sessions
1. Storytelling, phonics, and vocabulary building
1. Materials and lesson plans provided by coordinator
1. Teacher present to support and observe
1. Tailored to primary school literacy levels

A dedicated St Gabriel's teacher is assigned to every session for support and safeguarding.

Tuesday: Magical Maths

SDG 4 & 10 — Education & Equality

DAY

Tuesday

STUDENTS

4 per group

DURATION

1 Hour

What students will experience:

1. Hands-on numeracy and problem-solving activities
1. Games, puzzles, and real-world maths applications
1. Big Sisters guide students step by step
1. Builds confidence and a love of numbers
1. Aligned to SDG 4 — Quality Education

A dedicated St Gabriel's teacher is assigned to every session for support and safeguarding.

Wednesday: STEAM – Design & Innovation

SDG 9 — Industry & Innovation

DAY

Wednesday

STUDENTS

4 per group

DURATION

1 Hour

What students will experience:

1. Design & Innovation using Lego and craft materials
1. Engineering challenges and creative problem-solving
1. Students design, build, test, and reflect
1. Big Sisters facilitate the design thinking process
1. Aligned to SDG 9 — Innovation & Infrastructure

A dedicated St Gabriel's teacher is assigned to every session for support and safeguarding.

Thursday: Climate & Disaster Risk

SDG 13 — Climate Action

DAY

Thursday

STUDENTS

4 per group

DURATION

1 Hour

What students will experience:

1. Climate change awareness and disaster preparedness
1. Hands-on environmental projects and experiments
1. Understanding local and global climate impact
1. Linking classroom learning to real-world action
1. Aligned to SDG 13 — Climate Action

A dedicated St Gabriel's teacher is assigned to every session for support and safeguarding.

Friday: Introduction to Spanish — Languages Club

DAY
Friday

LED BY
Languages Club

CONTENT
Intro Spanish

What the Friday session includes:

1. Fun, interactive introduction to the Spanish language
1. Greetings, numbers, colours, and everyday vocabulary
1. Cultural exploration — Spanish-speaking countries and traditions
1. Songs, games, and conversational practice activities
1. Delivered by the Languages Club — broadening global awareness

¡Hola! The Languages Club adds a cultural & linguistic dimension every Friday for all students.

How Each Session Works

Every session follows a consistent, structured 1-hour format

45 min

SDG Lesson

Big Sisters deliver the provided lesson plan. Teacher supports throughout.

10 min

Recap

Big Sisters review key takeaways with students. Reinforces learning.

5 min

Clean Up

Pack away materials, tidy the room, and prepare for departure.

Total: 1 Hour After School · Supervised by an assigned St Gabriel's teacher throughout

Who Benefits — and How?

Big Sisters
UNESCO Club Members

- Earn community service hours
- Build leadership & teaching skills
- Deepen SDG knowledge
- Professional mentorship experience
- Rotate across all 4 themes per year

Little Sisters
St Gabriel's Students

- Near-peer role models to look up to
- Enriched after-school activities
- Safe & supervised environment
- Literacy, Maths, STEAM & Climate skills
- Friday Spanish language exposure

Supporting Students Who Stay After School

Instead of waiting in an unstructured environment, after-school students will:

- Engage in a 45-min structured SDG lesson tailored to their level
- Feel included, supported, and excited — not just waiting
- Be supervised by trained Big Sisters and a school teacher
- Enjoy a consistent daily schedule — something to look forward to
- Build friendships and connections across year groups

Roles & Responsibilities

Club Executives

- Coordinate group sign-up (4 per group)
- Submit lists to coordinator
- Distribute consent letters
- Manage term rotations

Big Sisters

- Attend all assigned sessions
- Deliver provided lesson plans
- Facilitate 10-min recap
- Support clean-up at end

School Teacher

- Assigned to each thematic group
- Classroom management support
- Safeguarding oversight
- School-club liaison

Coordinator

- Provide lesson plans & materials
- Oversee SDG alignment
- Certify service hours
- Monitor programme quality

Community Service Hours

1

session

=

1 community service hour

How hours are logged:

- Attendance recorded each session
- Maintained by Programme Coordinator
- Certified and signed off each term
- All UNESCO Club members eligible
- Rotation across themes every term

Parental consent letters will be distributed before the programme launches. No member participates without a signed form.

Let's Build the Future Together

The Big Sisters Programme — mentorship, service, and global citizenship in action

Club Executives

Collect group sign-ups this week

All Members

Confirm your preferred theme group

Coming Soon

Parent consent letters to be distributed

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